



There has been an increase in the tendency for foreign tourists to visit Japan in recent years, and that is not an exception in the districts of Nakano or Koenji that run along the JR Chuo Line. It feels like more foreigners are seen every day in these districts perhaps due to them having excellent access to Shinjuku. This booklet was written so that those foreigners would learn about the delicious restaurants and fun night life in Nakano and Koenji, and in doing so completely immerse themselves in the charm of those districts. Naturally, that does not change the fact that the numerous restaurants in this guidebook are also appealing to someone who is Japanese. Use this booklet as a guidebook that will allow you to find a restaurant you have never gone to before so you can enjoy yourself there.

ここ数年、日本を訪れる外国人観光客は増加傾向にあります。それは中央線「中野」「高円寺」も例外ではなく、新宿へのアクセスの良さも手伝ってか、街に行く外国人の数は日に日に増えている様に感じます。そんな外国人観光客に、「中野」「高円寺」の飲食店の美味しさ、夜の楽しさを知ってもらい、その魅力にどっぷりと浸かってもらうためにこの冊子を作りました。もちろん、掲載されているそれぞれの店舗は、日本人にとっても魅力的である事には変わりありません。新たな飲食店を開拓するためのガイドブックとしてご活用下さい。



Transportation system to Nakano and Koenji Inside front cover

Nakano Night Guide Map P01-P02

About this booklet P03

Information on restaurants in Nakano P05-P14

Information on restaurants in Koenji P15-P24

Koenji Night Guide Map P25-P26

•So as to enjoy Izakaya in Japan inside back cover

•Helpful Japanese phrases when at a restaurant

Contents

中野・高円寺までの交通手段 表紙中面

中野ナイトガイドマップ P01-P02

この冊子について P03

中野 飲食店ガイド P05-P14

高円寺 飲食店ガイド P15-P24

高円寺ナイトガイドマップ P25-P26

•日本の居酒屋の楽しみ方 裏表紙中面

•飲食店で役に立つ日本語のフレーズ集